

Lessons from Kenya's youngest female PhD holders

Between living a lonely life under heaps of books and behind research labs and having to deal with nerve-racking supervisors, pursuing a PhD has never been a walk in the park. It is a demanding journey where you shelve social life and other comforts, empty your coffers and make innumerable sacrifices in pursuit of one goal. Phyllis Ochieng graduated with a first-class degree in analytical chemistry from the Jomo Kenyatta University of Agriculture and Technology (JKUAT) in 2011. She then proceeded to the University of Nairobi (UoN) for a Masters degree in pure chemistry after a two-year employment stint at a top non-governmental organisation. She would later leave the job to pursue doctoral studies at JKUAT on a joint scholarship that was offered by two universities in Belgium, ILRI and UoN. <https://www.standardmedia.co.ke/evewoman/article/2001328677/meet-kenya-s-youngest-female-phd-holders>